

DD2 Guidance for Athletics – Fall 2020



The following Dorchester District 2 guidelines must be followed for all athletic programs for the Fall 2020 Season and should be followed in addition to all sport-specific guidance from the SCHSL. All guidance is subject to change based on new information from the SCHSL, DHEC, or the CDC and will be updated as needed.

Hygiene and Social Distancing Practices

- Students, coaches, and staff members must always avoid close contact with others and maintain a physical distance of six feet or greater whenever possible
- Personal contact should be avoided, including, but not limited to high-fives, hand-shaking, fist-bumping, and chest-bumping
- Individuals should bring a personal water bottle and should not share this water bottle with anyone; hydration stations such as water cows, water troughs, and water fountains will not be used
- Athletes, coaches, and staff should come dressed for participation and appropriate clothing & shoes should be worn at all times
- If locker rooms are utilized, social distancing of all individuals must be maintained and no congregation should occur
- Weight rooms should be arranged to allow social distancing of at least 6 feet between all individuals
- Resistance training that does not require a spotter should be encouraged when using the weight room; if a spotter is needed, the spotter must stand at the end of the bar and wear a face covering at all times

Cleaning Practices

- Individuals should wash their hands for a minimum of 20 seconds with soap and water or use hand sanitizer before touching any surfaces or participating in any athletics-related activity
- When permissible to use, all athletic equipment, including balls, should be cleaned before and after each use
- Hand sanitizer should be available to athletes, coaches, and staff at all times, including when traveling on the bus
- Weight rooms, restrooms, meeting rooms, and other multi-use facilities that include high-touch surfaces should be sanitized frequently during each event
- Appropriate time should be given between use of all athletic facilities to allow for thorough sanitation of the facility and all athletic equipment

Face Coverings

Face coverings that completely cover the nose and mouth are required for everyone. Face coverings should never be shared. Non-disposable face coverings should be laundered daily.

Athletes

- Face coverings must be worn when not actively participating in the sports activity
- Face coverings must be worn when participating in a sports activity/drill that requires less than the minimum required 6 feet of social distancing
- Face coverings should be worn in sports where the covering is not inhibitory
- Face coverings should be worn in athletic training rooms and locker rooms at all times
- Face coverings must always be worn when riding the bus for team travel

Coaches and Staff

- Face coverings must always be worn while on site participating in any athletic-related activity
- Face coverings must always be worn when riding the bus for team travel

Spectators

- All spectators and anyone associated with an auxiliary group must wear a face covering at all times

Team Travel

- Athletes, coaches, and staff should sit one person per seat to allow for social distancing
- All riders must have assigned seats and should ride to and from the event in the same seat

Pre-Workout Screening

All athletes, coaches, and staff will undergo a daily health screening by a health care professional or a designated full-time district/school employee.

If a team is traveling, pre-workout screenings on athletes, coaches and staff will occur prior to departure for the game or event.

Screening questions:

1. Fever of 100.4 or higher in the past 72 hours?
2. Cough, difficulty breathing, sore throat or new loss of taste or smell, vomiting or diarrhea?
3. Contact with a person known to be infected with COVID-19 within the previous 14 days or live with someone who is positive for COVID-19?
4. Compromised immune system or chronic diseases which could be affected by the virus?

All athletes, coaches, and staff must also undergo a daily temperature check prior to participation using an Infrared no-touch thermometer.

Responses to screening questions and temperature checks for all individuals should be recorded and stored.

Any individual who answers "YES" to any screening question or who has a temperature of **100.4 or greater** cannot participate on that day and should be sent home, having limited contact with other individuals until they can leave.

School Principal (where the sport is played) should be notified of any individual who is excluded due to answering "YES" or having a temperature of 100.4 or greater **immediately**. Principal will send athlete, coach, or staff member information to District Nurse Coordinator for follow-up. Individual and Principal will be notified when they are cleared to return and what documentation will be necessary to do so.

Notification of COVID-19 Related Situations

All athletes, coaches, and staff participating in athletics must report COVID-19 related situations to the District immediately.

This may include any of the following information:

- Report of an athlete, coach, or staff member home on isolation due to COVID19 illness (positive case)
- Report of an athlete, coach or staff member home on isolation due to possible COVID19 illness awaiting testing or test results
- Report of an athlete, coach or staff member home on quarantine due to COVID19 illness of family member or close contact exposure
- Report of an athlete, coach, or staff member with COVID19 symptoms
**this includes any individual who answers "YES" to any pre-workout screening question or has a temperature of 100.4 during pre-workout temperature check*

All athlete information should be reported directly to coaches. Coaches should email this information the School Principal (where the sport is played). All coach/staff member information should be reported to the School Principal (where the sport is played). District employees who also work at other schools should additionally notify the Principal where they are employed.

Principals will notify the District Nurse Coordinator via email of all reported COVID-19 related situations. District Nurse Coordinator will notify the Principal and the Individual when they are cleared to return and what documentation will be necessary to do so. Coaches will be notified via the Athletic Director when athletes are cleared to return.

***Athletes with a prior confirmed COVID-19 diagnosis will need to undergo an evaluation by their medical provider and receive medical clearance and documentation stating that they are cleared to "Return to Play" before they may return to athletics**